

# big love | KITCHEN

*big love bowls with fresh hand cut fruit + flower petals*

<b>açaí bowl</b>	3 toppings of your choice	9.5
<b>nirvana bowl</b>	house blend açai, strawberries, pineapple, banana, nutbutta, granola, vegan chocolate	11.5

*warm gluten-free or sourdough toast with a side of tortilla chips + dips*

<b>clayton</b>	avocado, extra virgin olive oil, pink salt, microgreens	9.5
<b>egg</b>	sliced cage-free organic hard boiled eggs, dill, extra virgin olive oil, pink salt + pepper	8.5
<b>breakfast</b>	melted cheese, sliced cage-free organic eggs, avocado, extra virgin olive oil, basil	10.5

*healthy clean eating with tortilla chips + dips on the side*

<b>plant protein salad</b>	organic quinoa, bulgur wheat, edamame, chickpeas, rainbow kale, red cabbage, green onions, turmeric dressing, topped with cashews + smoked coconut	13.
<b>big love cobb salad</b>	cold roast chicken, hard boiled cage free organic egg, avocado, tomato, cucumber, baby kale, lemon vinaigrette, topped with microgreens	14.
<b>5 spice tofu + kale salad</b>	lightly spiced cauliflower, cucumber, tomatoes, parsley, mint, green onion, baby kale, tamari vinaigrette topped with pineapple and smoked coconut	13.
<b>chickpea quinoa salad</b>	organic quinoa, cherry tomato, black olives, chickpeas, cucumber, feta, onion, parsley, baby kale, lemon vinaigrette topped with microgreens	13.
<b>blazin' burritos</b>	choice of provolone or vegan cheese with baby spinach, avocado, onion, tomato, smoked coconut, jalapenos + green salsa rolled and baked in a spinach flour tortilla your choice	13.5
<b>salad cups</b>	a refreshing fresh + tasty boost as a side or healthy snack. your choice	6.5
<b>chips + dip</b>	raw celery, carrot + cucumber chips <u>or</u> corn tortilla chips, with our scratch made sauces	4. side   6. plate
	-tamari chicken -5 spice tofu -bbq tempeh -egg	
	-plant protein -cauliflower tabbouleh -chick pea quinoa	



# big love | JUICE BAR

ORGANIC JUICE BLENDS *always raw, unfiltered + unpasteurized*  
small 6.5 | short 7.5 | tall 8.5 | xtra tall 9.5

**big love** beet, carrot, apple, lemon, celery

**detox** celery, spinach, cucumber

**warrior** kale, spinach, parsley, apple, lemon, ginger

**sunny** turmeric, ginger, lemon, apple

**half-half** choose 2 blends

SUPERFOOD SMOOTHIES *pre + probiotics, protein powder plus superfoods*  
xtra tall 8.5 | custom xtra tall 9.5

**karma** strawberry, mango, banana, pineapple, orange + elderberry powder

**baker** pineapple, mango, banana, coconut + blue spirulina

**nutbutta** our toasted almond nutbutta, banana, coconut, dark cocoa + MCT oil

**sundog** açai, blueberry, strawberry, pineapple, coconut + blueberry powder

**green passion** passion fruit, pineapple, spinach, vegan oat yogurt, coconut milk  
with butterfly pea flower, amla, moringa leaf + gotu kola powders

[ + vegan oat yogurt, samish bay yogurt or baby greens 2. ]

CELERY SHOTS shot 4.

*celery juice + superfood - fight inflammation, boost immunity, stimulate metabolism*

**ginger**

**turmeric**

**blue spirulina**

HOT STEAMED JUICE

tall 7.5

**lemon love** cayenne + camu camu powder, turmeric, ginger, lemon + apple juice

[ + manuka honey 1.5 ]

SUPERFOOD LATTES

short 5. | tall 6.5

**namastê** earl grey tea, camu camu, vanilla

**magic chai** chai tea, chocolate, mct oil

**just like fire** espresso, cinnamon, orange, MCT oil

**latte love** espresso, chocolate, ginger, turmeric

LATTES + MISTOS\*

short 4. | tall 5.5

**vanilla matcha**

**cocoa**

**golden**

**chai**

**roibos vanilla**

**mayan cocoa**

**lavender**

**matcha**

ESPRESSO

local maniac coffee

**espresso** dbl. 2.

**americano** 3.

**cortado** 3.5

ORGANIC TEA

short 3. | tall 3.5 | box of tea pouches 6.

**earl grey**

**green**

**decaf green**

**chai**

**mint**

**chamomile**

**lemon ginger**

**oolong jasmine**

**dandelion peach**

**roibos hibiscus**

\***latte** steamed milk + syrup plus your choice of espresso or tea

\***misto** steamed milk + syrup

**syrups** caramel, lavender, chocolate, chai, ginger, turmeric, cinnamon, vanilla, hazelnut

**milks** coconut, oat, hemp, almond, whole, low fat, half/half