

# big love | KITCHEN

## **AÇAI BOWLS** *handcrafted with fresh hand cut fruit + more...*

|                     |   |      |
|---------------------|---|------|
| <b>custom bowl</b>  | 3 toppings of your choice   | 9.5  |
| <b>sunset bowl</b>  | house blend açai, strawberries, mango, banana, granola, goji berries, honey           | 11.5 |
| <b>nirvana bowl</b> | house blend açai, strawberries, pineapple, banana, nutbutta, granola, vegan chocolate | 11.5 |

## **TOASTS** *gluten-free or sourdough; with a side of tortilla chips + dip*

|                  |   |      |
|------------------|---|------|
| <b>clayton</b>   | avocado, organic baby spinach, extra virgin olive oil, pink salt, microgreens                           | 9.5  |
| <b>egg</b>       | sliced cage-free organic hard boiled eggs, dill, extra virgin olive oil, pink salt + pepper             | 8.5  |
| <b>breakfast</b> | melted provolone or vegan cheese, sliced cage-free organic eggs, avocado, extra virgin olive oil, basil | 10.5 |

## **WRAPS** *with a side of tortilla chips + dip*

|                                    |  |      |
|------------------------------------|--|------|
| <b>toasty organic spinach wrap</b> | choice of provolone or vegan cheese with organic baby spinach, avocado, onion, tomato, quinoa, jalapenos + green salsa rolled and baked in a spinach flour tortilla<br>includes one filling:<br>-tamari chicken<br>-bbq tempeh<br>-egg<br>-yam<br>-chickpeas | 13.5 |
|------------------------------------|--|------|

## **SALADS** *customize your salad with some healthy additions; ask us how*

|                                     |   |                    |
|-------------------------------------|---|--------------------|
| <b>big love cobb salad</b>          | cold roast chicken, hard boiled cage free organic egg, avocado, tomato, cucumber, organic baby kale and lemon vinaigrette, topped with microgreens  | 14.                |
| <b>the big kale + spinach salad</b> | avocado, cucumber, tomato, organic baby spinach, organic baby kale and lemon vinaigrette topped with pumpkin seeds, dried cranberries and microgreens                                       | 13.                |
| <b>chickpea quinoa salad</b>        | roasted yam, organic quinoa, chickpeas, cucumber, corn, jalapenos, red bell pepper, onion, lime, cilantro, organic baby kale and lemon vinaigrette topped with smoked coconut + microgreens | 13.5               |
| <b>side salads</b>                  | a refreshing fresh + tasty boost as a side or healthy snack. your choice:<br>-kale + spinach<br>-chickpea quinoa  | 6.5                |
| <b>chips + dip</b>                  | raw celery, carrot + cucumber chips <u>or</u> corn tortilla chips, with our scratch made sauces   | 4. side   6. plate |



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# big love | JUICE BAR

**ORGANIC JUICE BLENDS** *always raw, unfiltered + unpasteurized*  
*consuming unpasteurized fruit or vegetable juices may increase your risk of*  
*foodborne illness if you have certain medical conditions.*

small 6.5 | short 7.5 | tall 8.5 | xtra tall 9.5

**big love** beet, carrot, apple, lemon, celery

**detox** celery, spinach, cucumber

**warrior** kale, spinach, parsley, apple, lemon, ginger

**sunny** turmeric, ginger, lemon, apple

**half-half** choose 2 blends

**SUPERFOOD SMOOTHIES** *pre + probiotics, protein powder plus superfoods*  
xtra tall 8.5 | custom xtra tall 9.5

**sunrise** passionfruit, pineapple, banana, mango, tangerine + ashwagandha powder

**karma** strawberry, mango, banana, pineapple, orange + elderberry powder

**baker** pineapple, mango, banana, coconut + blue spirulina

**nutbutta** our toasted almond nutbutta, banana, coconut, dark cocoa + MCT oil

**sundog** açai, blueberry, strawberry, pineapple, coconut + blueberry powder

**green passion** passion fruit, pineapple, spinach, vegan oat yogurt, coconut milk  
with butterfly pea flower, amla, moringa leaf + gotu kola powders

[ + vegan oat yogurt or baby greens 2. ]

**CELERY SHOTS** 4.

*celery juice + superfood - fight inflammation, support immunity, stimulate metabolism*

**ginger**

**turmeric**

**blue spirulina**

**MIGHTY MINIS** 6.

*powerful juice- superfood boosters*

**mind fuel** [mct oil, charcoal]

**aquamarine** [blue spirulina]

**mega meta** [cayenne, camu camu]

**HOT STEAMED JUICE** 7.5

**lemon love** cayenne + camu camu powder, turmeric, ginger, lemon + apple juice

[ + honey 1.5 ]

**SUPERFOOD LATTES**

short 5. | tall 6.5

**namastê** earl grey tea, camu camu, vanilla

**magic chai** chai tea, chocolate, mct oil

**just like fire** espresso, cinnamon, orange, MCT oil

**latte love** espresso, chocolate, ginger, turmeric

**LATTES**

short 4. | tall 5.5

**gingerbread**

**vanilla matcha**

**cocoa**

**golden**

**chai**

**mocha**

**pumpkin spice**

**rooibos vanilla**

**mayan cocoa**

**lavender**

**matcha**

**vanilla bean**

**ESPRESSO**

local maniac coffee

**espresso** dbl. 2.

**americano** 3.

**cortado** 3.5

**ORGANIC TEA**

short 3. | tall 3.5 | box of tea pouches 6.

**earl grey**

**green**

**decaf green**

**chai**

**mint**

**chamomile**

**lemon ginger**

**oolong jasmine**

**dandelion peach**

**rooibos hibiscus**

**syrups** gingerbread, pumpkin spice, caramel, lavender, chocolate, chai, ginger, turmeric, cinnamon, vanilla, hazelnut

**milks** coconut, oat, hemp, almond, whole, low fat, half/half